

## Curriculum Vitae

### Dr. Moamar Al-Jefout, MD, JBO&G, MMed (HR & HG), Ph.D.

Associate Professor in Reproductive Medicine and Endoscopic Surgery,  
The Department of Obstetrics & Gynecology, CM&HS, UAEU, Al ain UAE.

The Department of Obstetrics & Gynecology, Faculty of Medicine, Mutah University, Karak, Jordan (on leave)

Visiting Consultant at Kanad Hospital Al ain UAE

### Personal Details



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| <b>Full name:</b>                  | Moamar Ibrahim Al-Jefout   |
| <b>Date of Birth:</b>              | March, 1966  |
| <b>Place of Birth:</b>             | Tafilah, Jordan  |
| <b>Nationality:</b>                | Jordanian  |
| <b>Gender:</b>                     | Male   |
| <b>Marital status:</b>             | Married  |
| <b>Address:</b>                    | Amman, Jordan  |
| <b>E-mail:</b>                     | drmoamar@yahoo.co.uk   |
| <b>Mobile:</b>                     | +962777766770  |
| <b>ORCID</b>                       | <a href="https://orcid.org/0000-0002-3720-3237">https://orcid.org/0000-0002-3720-3237</a>  |
| <b>Google scholar</b>              | H score: 14. Number of citations: 913<br><a href="https://scholar.google.com/citations?user=fw_itFcAAAAJ&amp;hl=en">https://scholar.google.com/citations?user=fw_itFcAAAAJ&amp;hl=en</a>   |
| <b>Scopus</b>                      | H index: 12. Number of citations: 483<br><a href="https://www-scopus-com.ezproxy.uaeu.ac.ae/cto2/main.uri?ctold=CTODS_1023135166&amp;authors=23018228200&amp;origin=AuthorNamesList">https://www-scopus-com.ezproxy.uaeu.ac.ae/cto2/main.uri?ctold=CTODS_1023135166&amp;authors=23018228200&amp;origin=AuthorNamesList</a> |
| <b>Web of Science ResearcherID</b> | E-9896-2018  |
| <b>Web of science</b>              | H index-10, citations- 338, VERIFIED REVIEWS 23  |

### Certificates & Qualifications

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| 2006-2009 | University of Sydney, Sydney, Australia:<br><b>PhD in Reproductive Medicine, OBGYN Discipline.</b><br><b>Title of Thesis: "Nerve fibres and Mast cells in gynaecological disease".</b> |
| 2004-2009 | The Queen Elizabeth II Research Institute for Mothers & Infants, Faculty of Medicine, OBGYN Department, University of Sydney:<br><b>PhD Research Fellow</b>                            |
| 2004-2009 | Honorary Fellow at the Fertility Unit Royal Prince Alfred Hospital-Sydney –Australia<br>Under Prof Ian Fraser  |
| 2004-2006 | OBGYN Department, Faculty of Medicine, Sydney University:<br><b>Master of Medicine, Human Reproduction &amp; Human Genetics,</b>   |
| 2000      | Jordanian Medical Council, Amman, Jordan:<br><b>Jordanian Board in OBGYN</b>   |
| 1985-1991 | Volgograd Government Medical Institute (Academy), Volgograd, Russian Federation, USSR:<br><b>MBBS</b>  |
| 1984      | Tafilah, Jordan:<br><b>High school degree, scientific stream</b>   |

## Work Experience

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| 2022                | <b>1- Associate Professor at Mutah Medical Faculty- Mutah University Jordan</b>  |
| 2019-2022           | <b>2- Visiting Consultant at Kanad hospital-Al ain UAE</b>   |
| 2018-2019           | <b>3- Visiting Associate Professor at Obstetrics and Gynecology Department, Sechenov First Moscow State Medical University (Sechenov University), Russian Federation</b>   |
| 2016-2022           | <p><b>1-Associate Professor at Obstetrics and Gynecology Department, College of Medicine and Health Sciences, United Arab Emirates University, Al Ain</b><br/> <b>On leave from Mutah University</b></p> <p><b>4- Clerkship coordinator- 2017-2018</b></p> <p><b>5- Visiting Associate Professor at Obstetrics and Gynecology Department, Sechenov First Moscow State Medical University (Sechenov University), Russian Federation</b></p> <p><b>6- Visiting Consultant at Tawam Hospital Al ain UAE</b></p> <p><b>7- Visiting Consultant at Al ain Hospital Al ain, UAE</b></p> <p><b>8- Visiting Consultant at Oasis Hospital Al ain UAE</b></p>   |
| 2015-2016           | <p><b>Associate Professor at OBGYN Department (06-May 2015)</b></p> <p><b>1- Teaching of medical students and residents.</b></p> <p><b>2- Providing medical services to in out-patient and in-patient.</b></p> <p><b>3- I founded the endoscopic unit at Karak Hospital: I managed to get funding from Mutah University to establish the endoscopic unit which I believe the first of its kind in the south of Jordan; I performed more than 800 surgeries during the 6 years, trained more than 30 residents to be familiar with minimally invasive techniques.</b></p> <p><b>4- Conducted clinical research</b></p> <p><b>5- Engaged in promoting good health practices in the local area by delivering lectures for local community</b></p> <p><b>6- I organized two international conferences in Karak:</b><br/> A- The Mutah Medical Faculty Conference- April 2014<br/> B- Karak Medical Conference- August 2014</p> <p><b>7- I organized two International symposiums on Reproductive Health:</b><br/> A- The first Jordan-Australia Symposium- 2012<br/> B- The First Jordan-Russian Symposium in Women's Health- 2013</p> |
| 2009-2015           | <b>Assistant Professor at OBGYN Department</b>   |
| Jun 2012-March-2013 | <b>Head of Obstetrics and Gynecology Department:</b>   |
| 2009-2016           | <b>Consultant in Reproductive Medicine and High Risk Pregnancy at my Private Practice at Al-Salam Hospital-Karak. Jordan:</b>  |
| 2011-2014           | Faculty of Medicine, Mutah University, Karak, Jordan:<br><b>Member of the Mutah University Ethics Committee.</b>   |
| 2013-2015           | <p><b>Consultant to Tazeez project (SHOPS-USAID)</b><br/> My duties included:</p> <p><b>1- Delivering lectures in Family Planning methods</b></p> <p><b>2- Training in Family Planning methods</b></p> <p><b>3- Workshops on dealing with problems in Impalnon, DMPA and COCP</b></p>  |
| 2013-2015           | <p><b>Member of the Jordanian Evidence Based Medicine Group/ Reproductive Health and Family Planning (SHOPS-USAID)</b></p> <p><b>1- I participated in setting up EBM guidelines for GPs and OBGYN Specialists in Family Planning methods: The Best Evidence in Family Planning Methods and Practices. The Jordan Evidence-Based Medicine/Reproductive Health (JEBM/RH) Group. July 2015. Jordan</b></p> <p><b>2- One of the organizers of the First National Workshop on EBM for Medical Students April-2015</b></p>   |
| 2011-2015           | The Jordanian Medical Council, Amman, Jordan:<br><b>Organized The General Exam of the Jordanian Medical Counsel (Imtyaz) for general practitioners.</b>  |
| 2010                | Faculty of Medicine, Hashemite University, Zarqa, Jordan:<br><b>Part-time lecturer</b>   |

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| 2008-2009           | University of Sydney, Sydney, Australia:<br><b>Clinical lecturer – OBGYN discipline</b>   |
| Mar 2006 – Apr 2009 | The University Of Sydney, OBGYN Department, Queen Elisabeth II Research Institute for Mothers & Infants:<br><b>PhD research Fellow</b>  |
| 2007-2009           | Fertility Unit, Royal Prince Alfred Hospital (RPAH), Sydney, Australia:<br><b>Honorary fellow</b>   |
| 2005-2009           | OBGYN Department, Canterbury Hospital, Sydney, NSW, Australia:<br><b>OBGYN Registrar</b>  |
| Dec 2004-Feb 2005   | OBGYN Department, Fairfield Hospital, Sydney, Australia:<br><b>OBGYN Registrar</b>  |
| 2000-2003           | OBGYN Department, Al-Karak Teaching Hospital (Ministry of Health), Karak, Jordan:<br>OBGYN Specialist<br>- Specialist OBGYN.2000. Karak Hospital- teaching hospital, joint practical and teaching base with Mutah Medical Faculty, Mutah University Karak-Jordan. |
| 1999-2000           | OBGYN Department, Ma'an Governmental Hospital:<br>Assistant OBGYN Specialist  |
| 1997-1999           | OBGYN Department, Al-Bashir Teaching Hospital (Ministry of Health), Amman, Jordan:<br>Senior Registrar  |
| 1994-1997           | OB-GYN Department, Zarqa Teaching Hospital (Ministry of Health), Zarqa, Jordan:<br>Registrar  |
| 1992-1994           | Tafilah Mother & Child Medical Center (Ministry of Health), Tafilah, Jordan:<br>GP  |
| 1991-1992           | Tafilah Governmental Hospital (Ministry of Health), Tafilah, Jordan:<br>Intern  |

## Teaching Experience

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| 2020-2021 | <b>Visiting Associate Professor</b> at Obstetrics and Gynecology Department, Volgograd State Medical University, Volgograd, Russian federation                        |
| 2018-2019 | <b>Visiting Associate Professor</b> at Obstetrics and Gynecology Department, Sechenov First Moscow State Medical University (Sechenov University), Russian Federation |
| 2017-2018 | College of Medicine and health Sciences United Arab emirates University. Al ain. UAE<br><b>Clerkship coordinator at OBGYN Department.</b>                             |
| 2016-now  | College of Medicine and health Sciences United Arab emirates University. Al ain. UAE<br><b>Associate Professor</b>  |
| 2015-2016 | Faculty of Medicine, Mutah University, Karak, Jordan:<br><b>Associate Professor</b>   |
| 2009-2015 | Faculty of Medicine, Mutah University, Karak, Jordan:<br><b>Assistant Professor</b>   |
| 2014-2015 | <b>Examiner</b> at the Jordanian Board Exam Committee for OBGYN at eh Jordanian Medical Counsel   |
| 2011-2015 | The Jordanian Medical Council, Amman, Jordan:<br><b>Organized The General Exam of the Jordanian Medical Counsel (Imtyaz) for general practitioners.</b>               |
| 2011-2012 | Sydney University, Sydney, Australia:<br><b>Examiner of two PhD thesis</b>  |
| 2011      | Jordan University of Science and Technology (JUST), Irbid, Jordan:<br><b>Examiner of a master treatise</b>  |
| 2008-2009 | Medical School, University of Sydney, Sydney, Australia:<br><b>Clinical Lecturer- Fourth year medical students</b>  |

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| 2007      | Medical School, University of Sydney, Sydney, Australia:<br><b>Tutor for second-year medical students</b>                                    |
| 2009-2010 | Al-Karak Teaching Hospital, Ministry of Health, Karak, Jordan:<br><b>Involved in the clinical teaching and training for OBGYN registrars</b> |

## Research & Publications

### I. Publications in peer review Journals (Correspondent author \*\*):

1. Mira Mousa, **Moamar Al-Jefout**, Habiba Alsafar, Christian M Becker, Krina T Zondervan, Nilufer Rahmioglu. Impact of Endometriosis in Women of Arab Ancestry on: Health-Related Quality of Life, Work Productivity, and Diagnostic Delay. *Frontiers in Global Women's Health*. 14 September 2021. <https://doi.org/10.3389/fgwh.2021.708410>
2. M Mousa, **M Al-Jefout**, H Alsafar, S Kirtley, C Lindgren, S Missmer, C Becker, K Zondervan, N Rahmioglu. Prevalence of Common Gynecological Conditions in the Middle East: Systematic Review and Meta-analysis. *Frontiers in Reproductive Health*. 3, 06 April 2021. <https://doi.org/10.3389/frph.2021.661360>
3. **M Al-Jefout**, M Mousa; G Alsayed1; H Abdel Fattah; S Maki; A Nesheiwat. Impact of COVID-19 Pandemic and Social Distancing on the Prevalence of Female Sexual Dysfunction and Associated Risk Factors among Arab Women. 2021 under publication.
4. S Al Awar; M **Al-Jefout** \*\*,N Osman, Z Balayah, N Al Kindi,T Ucenic. Prevalence, knowledge, attitude and practices of female genital mutilation and cutting (FGM/C) among United Arab Emirates population. 2020. accepted. *BMC Women's Health (Q1)*. DOI: 10.1186/s12905-020-00949-z.
5. M Ibrahim; S Al Awar; N Nayeri; **M Al-Jefout**; F Ranjbar; Z Moghadam. Perceptions of Infertility among women in United Arab Emirates: a qualitative study. April-June 2019, Volume: 11, Issue: 2, Pages: 7544-7551, DOI: <http://dx.doi.org/10.19082/7544>. (ISSN: 2008-5842).
6. Artymuk, N., Sukhova, N., Tachkova, O. and **Al-Jefout, M\*\***. (2019) The Effect of Balanced Hypocaloric Diet on the Anthropometric and Basic Metabolic Indicators in Infertile Women with Gluteofemoral Obesity. *Open Journal of Obstetrics and Gynecology*, 9, 1325-1335. doi: 10.4236/ojog.2019.910128.
7. **Al-Jefout M.**, Artymuk N.V. Causes and mechanisms of endometriosis: an update. *Fundamental and Clinical Medicine*. 2019;4(3):77-82. (In Russ.) <https://doi.org/10.23946/2500-0764-2019-4-3-77-82>
8. Ibrahim, M; Al Awar, S; Nayeri, N; **Al-Jefout, M**; Ranjbar, F; Moghadam,Z. Perceptions of Infertility among women in United Arab Emirates: a qualitative study. *Electronic Physician*. Apr-Jun 2019, Vol. 11 Issue 2, p7544-7551. 8p. ISSN: 2008-5842.
9. Al-Bassam M, Begam M. A, Aswad S. G, **Al-Jefout M\*\***, Ultrasound Guided Transvaginal Aspiration and Mechanical Destruction with Local Methotrexate Injection is a Promising Primary Treatment Approach for Caesarean Scar Ectopic Pregnancy (CSEP). *Biomed Pharmacol J* 2019;12(1).
10. F Ibrahim, SAl Awar, N Nayeri, **M Al-Jefout**, F Ranjbar, Z Moghadam. Experiences of Recurrent Pregnancy Loss Through the Perspective of United Arab Emirates Women: A Qualitative Study. *International Journal of Women's Health and Reproduction Sciences*. Vol. 7, No. 3, July 2019, 306–312. <http://www.ijwhr.net> doi : 0.15296/ijwhr.2019.51. ISSN 2330- 4456
11. **M Al-Jefout**; S Alawar; Z Balayah; A AlHareb; F Al Ameri; M Alhosani; H Al Naqbi. Self-reported prevalence of endometriosis and its symptoms in the United Arab Emirates (UAE). *Biomed Pharmacol J* 2018;11(1). DOI: <http://dx.doi.org/10.13005/bpj/1371>

12. **M Al-Jefout;** A Al-Qtaitat; D Al-Rahal; N Al-Nawaiseh; F Rawashdeh. Endometrial Thickness as a Predictor of Endometrial Hyperplasia in Infertile Patients with Polycystic Ovary Syndrome. *Open Journal of Obstetrics and Gynecology*, ISSN Online: 2160-8806 8 (2), 92-104.
13. **M Al-Jefout;** N Alnawaiseh; S Yaghi; A Alqaisi. Prevalence of endometriosis and its symptoms among young adult Jordanian females with chronic pelvic pain refractory to conventional therapy. *Journal of Obstetrics and Gynaecology Canada*, 09/09/2017. 40, pp. 165 – 170. doi .10.1016/j.jogc.2017.06.042.
14. **Al-Jefout, M.,** Alnawaiseh, N., Al-Qtaitat, A., Insulin resistance and obesity among infertile women with different polycystic ovary syndrome phenotypes. *Scientific Reports- Nature Journals*. 2017. 7(1),5339. DOI: 10.1038/s41598-017-05717-y.
15. **M Al-Jefout,** A Nesheiwat, B Odainat, R Sami, N Alnawaiseh. Questionnaire-based Prevalence of Endometriosis and its Symptoms in Jordanian Women. *Biomedical Pharmacology Journal*, Vol. 10 (2) (2017). p- 699-706. <http://dx.doi.org/10.13005/bpj/1158>.
16. W Kh.Karaki , **M Al-Jefout.** The Effect of the Holy Qur'an on Fetal Activity Compared to Other Sound Effects. *Almanara Journal for Research and Studies*.volume-24, issue-2. Pages-431-454. 2018. <http://hdl.handle.net/123456789/1569>.
17. **M Al-Jefout.** The Clinical Usefulness of Endometrial Biopsy for the Diagnosis of Endometriosis in the Work up of Women with Infertility. *Jordan Medical Journal*, 2016; Vol. 50 (1), (13- 22).
18. **Al-Jefout MI,** Al-Qaralleh AM, Al-Zaghameem El. Indomethacin for treatment of prolapsed amniotic sac "hourglass membranes" presented at late mid-trimester. *Saudi Med J*. 2016;37(1):100-101. doi:10.15537/smj.2016.1.13066
19. **Al-Jefout M,** Nawaiseh N. Continuous Norethisterone Acetate versus Cyclical Drospirenone 3 mg/Ethinyl Estradiol 20 µg for the Management of Primary Dysmenorrhea in Young Adult Women. *J Pediatr Adolesc Gynecol*. 2016 Apr;29(2):143-7. doi: 10.1016/j.jpag.2015.08.009. Epub 2015 Sep 3. PMID: 26342733.
20. J Hijazeen, M Abu-Helalah, E Zayadeen, A Al-Far, **M Al-Jefout** and Fadi Al Nimri. Knowledge about HIV/AIDS and Attitudes toward People Living with HIV/AIDS among Students at a Jordanian Medical School. *Journal of Pure and Applied Microbiology*. Vol. 9 No. Special Edition May. 2015.
21. **M Al-Jefout,** N Nawaiseh, S Tashman, R Ryalat, S Zaitoun, L Al-Alawi, W Tabaza. Jordanian Women's Experience with Etonogestrel Subdermal Contraceptive Implant in Two Family Planning Clinics. *Jordanian Medical Journal* 49 (1), 27-35.2015.
22. **Al-Jefout M,** Seham AF, Jameel H, Randa AQ, Ola AM, Oday AM, Luscombe G. Dysmenorrhea: Prevalence and Impact on Quality of Life among Young Adult Jordanian Females. *J Pediatr Adolesc Gynecol*. 2015 Jun;28(3):173-85. doi: 10.1016/j.jpag.2014.07.005. Epub 2014 Jul 23. PMID: 26046607.
23. T El-Hamarneh, A J. Hey-Cunningham, M Berbic, **M Al-Jefout,** Ian S. Fraser, K Black. Cellular immune environment in endometrial polyps. *Fertility and Sterility*. Volume 100, Issue 5, November 2013, Pages 1364–1372
24. R Lahoud, M Kwik, J Ryan, **M Al-Jefout,** Jane Foley and Peter Illingworth. Elevated progesterone in GnRH agonist down regulated in vitro fertilisation (IVF/ICSI) cycles reduces live birth rates but not embryo quality. *archives of gynecology and obstetrics*, volume 285, number 2, 535-540, doi: 10.1007/s00404-011-2045-0
25. **Al-Jefout M,** Walid A, Esam A, et al. Abdominal wall desmoid tumor mimicking a subserosal uterine leiomyoma. *Int J Gen Med*. 2011;4:443-446. doi:10.2147/IJGM.S18951
26. **Al-Jefout M.** Brief update on endometriosis treatment. *Middle East Fertility Society Journal*. In Press, Corrected Proof, (Review article) doi:10.1016/j.mefs.2011.01.002.
27. **Al-Jefout, M;** Tokushige, N; Hey-Cunningham, AJ; Manconi, F; Ng, C; Schulke, L; Berbic, M; Markham, R; Fraser, IS. Microanatomy and function of the eutopic endometrium in women with endometriosis. *Expert Review of Obstetrics and Gynecology*, Volume 4, Number 1, January 2009 , pp. 61-79(19)
28. **M Al-Jefout,** K Black, L Schulke, M Berbic, G Luscombe , N Tokushige, F Manconi, R Markham. and I S. Fraser M.D. Novel finding of high density of activated mast cells in endometrial polyps. Doi:10.1016/j.fertnstert.2009.02.016.
29. **Al-Jefout M, Dezarnaulds G, Cooper M, Tokushige N, Markham R and Fraser I S,** Endometrial biopsy for the diagnosis of endometriosis, double blind study. Published in *Human Reproduction*, May 2009, doi:10.1093/humrep/dep275 (Press release 17th of August 2009). Evaluated as 6.3 factor

at faculty of 1000 medicine. (cited 100 times, Published as ESHRE news in 75 stations and 35 newspapers worldwide)

30. **Al-Jefout M**, Andreadis N, Tokushige N, Markham R, Fraser IS. 2007. A pilot study to evaluate the relative efficacy of endometrial biopsy and full curettage in making a diagnosis of endometriosis by the detection of endometrial nerve fibers. *American Journal of obstetrics and gynecology*.197/6 pp. 578-580 (posted on the cover of that issue, Cited 32 times).
31. I S Fraser, N Tokushige, **M Al-Jefout**, Robert Markham, Sara Ten Have. 2007. Endometriosis is an endometrial disease and this has important implications for diagnosis and management. *lietuvas bendrosios praktikos gydytojas lietuvas*. Sept. 245.
32. N Tokushige ; **M Al-Jefout** ; H Salih ; I S Fraser . 2007. Endometrial nerve fibres in endometriosis. *Iranian Journal of Reproductive Medicine* .5 /3 pp. 81-88.
33. **Al-Jefout M**, Palmer J, Fraser IS, 2007. Simultaneous use of a levonorgestrel intrauterine system and an etonogestrel subdermal implant for debilitating adolescent endometriosis. *ANZJOG*, 47, 3.247-250.
34. R. Lahoud, **M. Al- Jefout**, J. Tyler, J. Ryan and G. Driscoll. 2006. A relative reduction in mid-follicular LH concentrations during GnRH agonist IVF/ICSI cycles leads to lower live birth rates *Human Reproduction*. 21(10):2645-2649.
35. **M Al-Jefout**, I S Fraser.et al. 2005“Anatomical variations in the female pelvic vessels”, *Journal of the Arab Board of Medical specializations*, 3/3 240-245.
36. Lahoud R, **Al-Jefout M**, Tyler J, Ryan J, Kwik M. Raised Mid-Follicular Serum Progesterone Levels in Down-Regulated In Vitro Fertilization Cycles Lead to Decreased Live Birth Rates. *Fertility and Sterility* - September 2005 (Vol. 84, Issue (Supplement 1), Page S306). Presented at the ASRM/CFAS 2005 61st Annual Conjoint Meeting. Palais de Congrès Montreal, Quebec, Canada. October 15-19, 2005. P-432.
37. **Al-Jefout, M**; Tokushige, N; Hey-Cunningham, AJ; Manconi, F; Ng, C; Schulke, L; Berbic, M; Markham, R; Fraser, IS. Microanatomy and function of the eutopic endometrium in women with endometriosis. *Expert Review of Obstetrics and Gynecology*, Volume 4, Number 1, January 2009 , pp. 61-79(19).
38. Saliba, E.K., R.Al-Oran, O.Y.Oumeish, N.Saleh, H.Al-Younes, **M. -Jefout** & A. Sabayleh. “Cutaneous leishmaniasis in Tafilah governorate, Southern Jordan”. *The Fifth International and Pan-Arab Seminar on Leishmaniasis and Other Zoonoses*.11-13 Nov. 1995, Amman, Jordan. P44.

## II. **Books and chapters in books**

- a. IS Fraser, N Tokushige, **M Al-Jefout**, DE Bjorling. Chapter in book. Visceral pain. Endometriosis and visceral pain. Editor-Dale E. Bjorling ISBN: 978-81-7895-443-1, 2010.
- b. **Al-Jefout M**. laparoscopy for the diagnosis and treatment of endometriosis. Chapter in Book of Laparoscopy. August 23rd 2011. DOI: 10.5772/16733. InTech - Open Access Publisher. Web: <http://www.intechweb.org/> Published in the book: *Advanced Gynecologic Endoscopy*. Edited by: Atef Darwish
- c. Radzinsky V.E. «Orazov M.R. «Lokshina V.N. «Artyuk NV «Bashmakova NV «Krokhina Yu.A. «Nosenko E.N. «Kostina I.N «Malgina G B. «Petrina A.N. «Suturina L.V. «Karibova. K. «Sepp O.N. «Tsaturova K.A. «Unanyanu A.L. «Vartanyan E.V. «Ilovaiskaya I.A. Lisovskaya T.V. «**M Al-Jefout**, Toktar L.R. «Silantyeva E.S. Fruitless marriage. Versions and counterversions. Publishing group "GEOTAR-Media" (Moscow), Russia, 2020 (Book in Russian). Радзинскому В.Е., Оразову М.Р., Локшину В.Н., Артымук Н.В., Башмаковой Н.В., Крохиной Ю.А., Носенко Е.Н., Костину И.Н., Мальгиной Г. Б., Петрину А.Н., Сутуриной Л.В., Карибовой . К., Сэпп О.Н., Цатуровой К. А., Унаняну А.Л., Вартанян Э.В., Иловойской И.А. Лисовской Т. В., **Моамар Ал-Джефут** Токтар Л.Р., Силантьевой Е.С., Девятовой Е.А., Кирееву Д.Е., Орехову Р. Бесплодный брак. Версии и контрверсии. 2-е изд. Издательская группа «ГЭОТАР-Медиа» (г. Москва), 2020. Russia

## III. **Publications in International recommendations & global and regional consortium**

- a. Rogers PA, Adamson GD, **Al-Jefout M**, Becker CM, D'Hooghe TM, Dunselman GA, Fazleabas A, Giudice LC, Horne AW, Hull ML, Hummelshoj L, Missmer SA, Montgomery GW, Stratton P, Taylor RN, Rombauts L, Saunders PT, Vincent K, Zondervan KT Research priorities for endometriosis: recommendations from a global consortium of investigators in

endometriosis. Journal of Reproductive Sciences. Volume: 24 issue: 2, page(s): 202-226;  
Issue published: February 1, 2017, doi: 10.1177/1933719116654991 (Q2)

- b. A Abdul Malek, A Abulheija, **M Al-Jefout**, O Quran, S I Hamaly, N Hawa, A Qatawnwh, M Khadra. Co-author in the Manual: The Best Evidence in Family Planning Methods and Practices. The Jordan Evidence-Based Medicine/Reproductive Health (JEBM/RH) Group. July 2015. Jordan. [http://jpa.org.jo/sites/default/files/evidence\\_based\\_medicine.pdf](http://jpa.org.jo/sites/default/files/evidence_based_medicine.pdf)

#### **IV. Invited speaker, oral, poster and workshop presentations in conferences**

- 1- Effect of the proliferative process of estrogen-dependent disease and cancer risk. The Siberian Society of OBGYN & Kemerovo Medical Academy annual meeting. Virtual. Kemerovo-Russia. 14-16 April- 2021
- 2- Member of the organizing and scientific committee of the WCE- as representative of the World Endometriosis Society Board member. World Congress on Endometriosis Virtual 6 – 10 March 2021
- 3- Endometrial Thickness as a Predictor of Endometrial Hyperplasia in Infertile Patients with Polycystic Ovary Syndrome Abstract #: 1403: The 21th annual meeting of the Middle East Fertility Society held from September 25-27, 2014 at The Ritz-Carlton Abu Dhabi, Grand Canal, Abu Dhabi, UAE
- 4- Workshop: medical approach in endometriosis. Update on Medical progestin therapy for endometriosis. The 5th Emirates Endometriosis League (EMEL). Dubai. February-2021
- 5- AMH value cut-off for diagnosing PCOS The Siberian Society of OBGYN annual meeting. Kemerovo-Russia 14-16 April- 2020.
- 6- Abnormal Uterine Bleeding contemporary management. ABBOT Motherhood challenges workshop Baghdad-Iraq 21-August-2020
- 7- Medical management of endometriosis. Volgograd OBGYN Annual Meeting. Volgograd-Russia. 17-19-Septmeber 2020
- 8- The phenotype-based approach in the treatment of PCOS The Siberian Society of OBGYN annual meeting. Kemerovo-Russia 18-September 2020
- 9- Rethinking management of deep endometriosis. The 4th Emirates Endometriosis League (EMEL). Dubai. 24-26-April-2019
- 10- PCOS phenotypes. Invited speaker to the Joint meeting of the Irkutsk Reproductive Medicine International Annual Meeting. Russia- Irkutsk. 27-30-June-2019
- 11- Update on Endometriosis medical management. Irkutsk Reproductive Medicine International Annual Meeting. Russia- Irkutsk. 27-30-June-2019
- 12- Update on Abnormal Uterine bleeding management Invited speaker to the Joint meeting of the Kurdistan Gynecology Society. Irbil-Iraq. 26-28-July-2019
- 13- The proliferation of endometrium and risk of malignancy Invited speaker to the meeting of the Sechenov Medical University Gynecology Annual meeting Russia-Moscow. 22-28-February-2019
- 14- Is asymptomatic endometriosis a disease or natural phenomenon? Invited speaker to the Joint meeting of the Australian Endoscopic Society in gynecology and World Endometriosis Society. Australia-Melbourne 2-4-August-2019
- 15- The Endometriosis saga, have we beaten the Archdemon or back to square one. The 7th Asian Conference on Endometriosis (ACE2018. Taipei International Convention Center (TICC) in Taipei, Taiwan. 14-16 September 2018
- 16- Is asymptomatic endometriosis a disease or natural phenomenon? European Congress on Endometriosis Vienna, Austria. 20-24-November 2018
- 17- Endometriosis from A to Z. Well Women Care Symposium-CM&HS OBGYN Department. Al Ain-UAE 10/13/2018,
- 18- Role of progestins in Endometriosis treatment. The 3ed Emirates Endometriosis League (EMEL) Dubai, 22nd & 23rd of February 2018.
- 19- Insulin Resistance and obesity among Infertile women with different PCOS phenotypes. Egyptian Fertility and Sterility Society 23rd Annual International Conference on: "New Trends and Developments in Women's Reproductive Health". Cairo-Egypt November 30 - December 1, 2017
- 20- Invited speaker to the Blood Management Advisory Board of Vifor Pharma Women's Health and Patient Blood Management Initiatives Advisory Board Singapore 23 – 24 January 2016.

- 21- Continues Norethisterone Acetate versus Cyclical Drospirinone 3 mg/ethinyl Estradiol 20 µg for the Management of Primary Dysmenorrhea in Young Adult Females. The Society of Endometriosis and Uterine Disorders (SEUD) congress, Paris- France May 4-7 May 2016.
- 22- Chronic pelvic pains among young adult females 5th Asian Conference on Endometriosis Japan-Osaka September 22 (Thu.) - 24 (Sat.), 2016
- 23- Asymptomatic endometriosis a disease or natural phenomenon? Head of the Scientific Committee and organizer of the IV Asian Congress on Endometriosis -Jordan September 2015. Dead Sea-Jordan November 19 (Thu.) - 21 (Sat.), 2015
- 24- M Al-Jefout, R Markham, N Tokushige , I S Fraser. 2007. Uterine nerve fibres in adenomyosis and fibroids. RANZCOG Annual scientific meeting. Queensland. Abstract and presentation.
- 25- Al-Jefout M- The novel use of Implanon for the treatment of a difficult case of abdominal wall endometriosis. Poster at the SGI conference Miami, USA March, 2011.
- 26- Al-Jefout M, Dezarnaulds G, Cooper M, Tokushige N, Markham R and Fraser I S Endometrial biopsy for the diagnosis of endometriosis, double blind study, Poster presentation. University of Sydney. Health Research Conference November. 2006 - FCTS5 – Blue Mountains Australia.
- 27- C M Ng<sup>1</sup>, I S Fraser<sup>1</sup>, M Al Jefout, Anthony J Marren. levonorgestrel intrauterine system combined simultaneously with an etonogestrel subdermal implant for refractory endometriosis-associated pelvic pain: an effective new therapy. A poster at the 2nd Asian Conference on Endometriosis - November 9-11, 2012, Istanbul – Turkey.
- 28- Chair a scientific session on Reproductive gynecology: at the Middle East Fertility Society 25<sup>th</sup> Annual meeting 15<sup>th</sup> of September 2017- Dubai UAE.
- 29- Al-Jefout M. Evaluation of the Relative Efficacy of Endometrial Biopsy and Full Curettage in Making a Diagnosis of Endometriosis by the Detection of Endometrial Nerve Fibres. Melbourne , Australia. WCE 2008, the 10th World Congress on Endometriosis

#### V. Letter to editor

1. **Al-Jefout, M**, Fraser IS, Reply to letter to Editor, Am J ObstetGynecol, 2008; 199-2: 13-14.

#### VI. Published abstracts

1. **Al-Jefout M**, Dezarnaulds G, Cooper M, Tokushige N, Markham R and Fraser I S. Endometrial biopsy for the diagnosis of endometriosis by detection of small endometrial nerve fibres. A double-blind study. Abstract to the Society of Gynecologic Investigation 2008, San Diego, USA- (This was awarded a President's Prize) and published in the Journal of Reproductive Sciences. 2008).
2. F-044: M Mousa, **M Al-Jefout**, S Missmer, N Rahmioglu, C Becker, 1 K Zondervan. Investigation of Symptomatology, Risk Factors and Comorbidities Associated with Endometriosis in the Middle East - A Meta-Analysis Plus Study of 2,750 Arab-Ancestry Women. SRI 2020: Scientific Abstracts. *Reprod. Sci.* 27, 1–444 (2020).  
<https://doi.org/10.1007/s43032-020-00176-9>.
3. Endometrial Thickness as a Predictor of Endometrial Hyperplasia in Infertile Patients with Polycystic Ovary Syndrome. Abstract #: 1403: The 21th annual meeting of the Middle East Fertility Society held from September 25-27, 2014 at The Ritz-Carlton Abu Dhabi, Grand Canal, Abu Dhabi, UAE.
4. M. Al-Jefout, R. Rodgers, R. Markham, B. Kirsten, G. Luscomb, N. Tukoshige, I. Fraser. Myometrial and endometrial innervation in women with benign gynaecological disease 28th Annual Meeting held in Istanbul (Turkey) from 1 to 4 July 2012
5. Al-Jefout M. Evaluation of the Relative Efficacy of Endometrial Biopsy and Full Curettage in Making a Diagnosis of Endometriosis by the Detection of Endometrial Nerve Fibres. Melbourne , Australia. WCE 2008, the 10th World Congress on Endometriosis.



## Role as reviewer

1. Reviewer for two PhD theses from University of Sydney-2017.
2. Reviewer for two PhD theses from University of Sydney-2012-2013
3. Reviewer for two MPhil master theses from University of Sydney-2012-2014
4. Supervisor of two PD student from Tehran University 2017-2019
5. Supervisor of PhD Student from Oxford University, UK 2018-2021

## Awards

|      |   |
|------|---|
| 2004 | <b>Full award scholarship for MMed from Mutah University</b>  |
| 2006 | <b>Full award scholarship for PhD from Mutah University</b>   |
| 2009 | <b>San Diego, USA:<br/>The 2008 SGI/ Wyeth President's Presenter Award for the poster: "The endometrial biopsy for the diagnosis of endometriosis, Double blind study".</b> |
| 2009 | <b>Third Iranian International Conference in Reproductive Medicine, Yazd, Iran:<br/>The Awards for the best paper and the best presenter.</b>                               |
| 2018 | <b>UAEU-CM&amp;HS Award for excellence in Publication</b>   |
| 2019 | <b>UAEU/CM&amp;HS Award for Best Student's Mentor</b>   |
| 2020 | <b>Awarded the Plaque of Excellence of the Jordanian Society of Obstetricians &amp; Gynecologists</b>   |

## Conferences and Lectures

|                 |   |
|-----------------|---|
| 2016-2020       | Speaker at many international conferences: Australia, Japan, USA, Austria, Canada, China, South Korea, Russia, Turkey, Kuwait, UAE, KSA, Jordan, Singapore, Egypt & Taiwan. |
| 2015            | Head of the Scientific Committee and organizer of the IV Asian Congress on Endometriosis - Jordan   |
| May 2015        | France , Paris<br>Speaker and moderator at the SEUD   |
| December 2014   | South Korea<br>Speaker and Moderator at the III Asian Congress of Endometriosis   |
| October, 2014   | Abu Dhabi-UAE<br><b>Speaker at the IPSA Endometriosis workshop on awareness jointly with professor Charles Chapron from France</b>  |
| September 2014  | Abu Dhabi-UAE<br><b>Endometriosis session at the Annual Meeting of the MEFS</b>   |
| August, 2014    | Karak-Jordan:<br><b>Organizer of the Second International Medical conference of Karak</b>   |
| 2014            | <b>Jordan:<br/>Organizer of the Implanon workshop for doctors in collaboration with USAID/Jordan</b>  |
| June-2014       | <b>Organizer of the First endometriosis workshop jointly with Prof Ian Fraser-Australia in Irkutsk-Russia</b>   |
| Aug 8, 2012     | Amman, Jordan:<br><b>Organizer of the Second Jordan-Australian Symposium on Women Health. Amman Jordan, jointly with Sydney University and the University of Jordan</b>     |
| Apr 17-24, 2012 | 16th Conference in Human Reproduction, Kemerovo, Russia:<br><b>Organizer of a Master Class in Laparoscopy</b>   |
| Sep 3, 2001     | Amman, Jordan:<br><b>Organizer of the First Jordan-Australian Symposium on Women Health, jointly with Sydney University</b>   |
| 2010            | Mutah University International Medical Conference, Mutah University, Karak, Jordan:<br><b>Organizer of Hysteroscopic workshop</b>   |

Attended as a speaker many national and international conferences as a speaker (details will be provided upon request).

## Training Courses

|                 |   |
|-----------------|---|
| 2017            | Basic Life Support- Alain Hospital -UAE   |
| 2014-2016       | Trainer and lecturer at the Saudi Laparoscopic Suturing workshops with the Saudi Society of Laparoscopy (5 workshops in KSA)                                    |
| Mar 18-22, 2012 | Amman, Jordan:<br><b>MERETI IRB (Ethics Research Board), Training Workshop, University of Maryland, USA</b>   |
| Aug 2010        | HART Center, Cairo, Egypt:<br><b>Hysteroscopic Surgery Training.</b>  |
| Nov 7-8, 2008   | Perth, Australia:<br><b>Anatomy of Complications Workshop.</b>  |
| Sep 2008        | The Centre of Advanced Reproductive Endo-surgery II, Sydney Australia:<br><b>Gynaecological laparoscopy workshop at Master Course in Endometriosis Surgery.</b> |
| Aug 2006        | The Centre of Advanced Reproductive Endo-Surgery I, Sydney Australia:<br><b>Gynaecological laparoscopy workshop.</b>  |
| Feb 14-15, 2006 | Department of Pathology, University of Sydney:<br><b>Introductory Histo-techniques Training Course.</b>   |
| Feb 21-22, 2006 | Department of Pathology, University of Sydney:<br><b>Introductory Immuno-Histochemistry training course.</b>  |
| Jan 1, 2005     | Fairfield Hospital, Sydney, Australia:<br><b>Neonatal Resuscitation for OBGYN Accreditation.</b>  |
| Apr 2004        | Department of Public Health, Faculty of Medicine, University of Sydney:<br><b>SPSS</b>  |
| 1999            | Al-Bashir Hospital, Amman, Jordan:<br><b>Medical ultrasound in OB/GYN.</b>  |
| Jul 2002        | <b>Training Course by the WHO, Faculty of Medicine, Mutah University:</b><br>The Basics in Medical Education for Medical Students                               |
| 1999-2002       | Al-Bashir Teaching Hospital (Ministry of Health), Amman, Jordan:<br><b>Diagnostic &amp; Surgical Laparoscopy in OB/GYN.</b>                                     |
| 2000            | Al-Bashir Teaching Hospital (Ministry of Health), Amman, Jordan:<br><b>Laparoscopic Tubal Ligation.</b>   |

## Memberships

|           |   |
|-----------|---|
| 2020-2021 | Elected as The President-Elect of The Asian Society of Endometriosis and Adenomyosis (ASEA) 2022-2024   |
| 2017      | Selected as a board member of the World Endometriosis Society (WES)   |
| 2016      | Member of editorial board of Journal of Endometriosis and Pelvic Pain Disorders   |
| 2016      | Member of editorial board of Journal of Gynecological Research and Obstetrics   |
| 2015      | Member of editorial board of Journal of Clinical & Medical Case Reports   |
| 2015      | Member of editorial board of Jacob Journal of Surgery   |
| 2014      | Selected for The Advisory Board of <i>F1000Research</i> - <a href="http://f1000research.com/advisors">http://f1000research.com/advisors</a>   |
| 2012      | Member of editorial board of Journal: Clinical Medicine Research<br>Journal Site: <a href="http://www.sciencepublishinggroup.com/j/cmr">http://www.sciencepublishinggroup.com/j/cmr</a> |
| 2012      | Selected as an Ambassador to World Endometriosis Society:<br><a href="http://endometriosis.ca/about/ambassadors">http://endometriosis.ca/about/ambassadors</a>                          |
| 2012      | Member of Editorial Board of Faculty of 1000 Medicine.  |

|           |   |
|-----------|---|
| 2012      | Member of Editorial Board of World Journal of Obstetrics and Gynecology (WJOG).<br><a href="http://www.wjgnet.com/2218-6220office/">http://www.wjgnet.com/2218-6220office/</a>  |
| 2012      | Member of Fertility Society Australia   |
| 2011-2012 | Member of National Jordanian Committee of CME.  |
| 2010-2012 | Organizer of General Medical Exams for GPs/ Obstetrics and Gynecology Discipline.   |
| 2012      | Member of ESHRE 2012.   |
| 2019-2012 | Associate Member of Faculty of 1000 Medicine.   |
| 2009-2017 | Peer Reviewer for international Journals: <ul style="list-style-type: none"> <li>• Human Reproduction,</li> <li>• Open Access Journal of Contraception</li> <li>• International Journal of Women's Health</li> <li>• Iranian Journal of Reproductive Medicine</li> <li>• Archives in Obstetrics and Gynecology Journal</li> <li>• Journal of Endometriosis and Pelvic Pain Disorders</li> <li>• Middle East Journal of Infertility</li> </ul> |
| 2008-now  | Society of Gynecologic Investigation/USA (SGI).   |
| 2009-2011 | Australian Gynecological Endoscopic Society.  |
| 2008-2009 | Asia/Pacific Alliance for Endometriosis.  |
| 2012      | Member World Endometriosis Society  |
| 2011-2012 | Member European Society of Human Reproduction and Embryology (ESHRE)  |
| 2000-now  | Member of Jordanian Association of OB/GYN Specialists.  |
| 1991-now  | Member of Jordanian Association of Doctors.   |

## Licensure

|           |                                      |
|-----------|--------------------------------------|
| 2017-2022 | Health Authority Abu-Dhabi HAAD      |
| 2005-2010 | NSW Medical Board, Australia, OBGYN  |
| 2000      | Jordanian Medical Board, OBGYN 2000. |
| 1992      | Jordanian Doctors Association, GP    |

## References

- **Prof. Michael Cooper:**  
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